# Careers in Medicine Roadmap

Our Career Advising System draws on the AAMC's Careers in Medicine template. This template articulates the progression of (1) Understand Yourself, (2) Explore Options, (3) Choose Your Specialty, and (4) Prepare for Residency. Using this progression, UCR SOM has developed comprehensive career advising for each year with required signature advising activities that are tailored to their career development needs as they progress through medical school. The signature advising activities are detailed below.

## Year 1
**Understand Yourself**
- Introduction to Careers in Medicine at M1 Orientation: Overview of Career Advising System (R)
- One-on-One Career Advising to Review Checklist and AAMC Self Assessments Results (R)
- Career Workshops: CV, Residency 101, Summer Externships & Other Opportunities (O)
- M1 Check-In Form: AAMC's CIM Self Assessments to be discussed at one-on-one career advising session (R)
- Alumni Connect: Mentoring Network and Connection with Alumni in Students Specialty Interests (O)
- Specialty Round Tables (O)
- Speed Mentoring (O)
- Meet the Chair (O)
- Career Advising Office Hours with the Deans (O)
- Specialty-based Student Interest Groups Activities (O)

## Year 2
**Explore Options**
- One-on-One Career Advising to Review Checklist and Check in with Step 1 Preparation (R)
- Career Workshops: Residency 101, Preparing for Step 1 and Impact on Specialty Selection (O)
- M2 Tailored Check-In Form: Exploring Specialty Interests, Extramural and Intramural electives, and Preparation for Step 1 (R)
- Alumni Connect: Mentoring Network and Connection with Alumni in Students Specialty Interests (O)
- Specialty Round Tables (O)
- Speed Mentoring (O)
- Meet the Chair (O)
- Career Advising Office Hours with the Deans (O)
- Specialty-based Student Interest Groups Activities (O)

## Year 3
**Choose Your Specialty**
- Careers in Medicine Orientation: Resources and Tools and Research on Residency Programs (R)
- Careers in Medicine in Spring: Roadmap to Residency and ERAS User Orientation (R)
- M3 Tailored Check-In: Top 5 specialties and draft fourth-year schedule (R)
- Confirm specialties to pair with Clinical Faculty Career Advisors (R)
- Students Matched and Meet with Clinical Faculty Career Advisors (R)
- MS Career Advising: Specialty Interests & Step 1 (O)
- Fourth Year Schedule Review with Residency Specialist (O)
- Career Workshops: CVs, Personal Statements, LORs & MSPE Overview (O)
- Alumni Connect: Mentoring Network and Connection with Alumni in Students Specialty Interests (O)
- Meet the Chair (O)
- Career Advising Office Hours with the Deans (O)
- Specialty-based Student Interest Groups Activities (O)

## Year 4
**Prepare for Residency**
- One-on-One Residency Planning and MSPE Review (R)
- Advisor Meetings: Review of CV, PS, Interviews, rank order list (O)
- Career Workshops: Troubleshooting ERAS submissions and Technical Support, Mock Interviews, SOAP Q&A, and Strategies for Ranking Programs (O)
- Mock Interviews (O)
- Post Match Survey (R)
- Alumni Connect: Mentoring Network and Connection with Alumni in Students Specialty Interests (O)
- Meet the Chair (O)
- Career Advising Office Hours with the Deans (O)
- Specialty-based Student Interest Groups Activities (O)

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