

CAREERS IN MEDICINE CHECKLIST

YEAR 1: UNDERSTAND YOURSELF

(R) Required (O) Optional

- Attend the CiM Orientation (August) (R)
- Complete the UCRSOM CiM MSI Inventory (August) (R)
- Complete the UCRSOM CiM Supplemental Inventory (November) (R)
- Complete AAMC CiM Assessments (August-December) (O)
We recommend the following in year 1 and 2:
(Check out the at a Glance Chart for a summary)
 - Interests (MSPI).
 - Values (PVIPS).
- Sign up for your CiM 1:1 Advising Meeting during block 3 (January/February) (R)
- Attend Careers in Medicine Workshops (O):
 - Special Lecture Series (Career Development Workshops)
 - Specialty Round Tables
 - Meet the Chair
 - Alumni Connect
- Create a rough draft of your CV and submit here for review (O)
- Join a student Interest Group/ Organization (O)
- Search for summer research fellowships, clinical shadowing, and other community engagement/enrichment opportunities (December/January) (O)
 - Search the AAMC Clinical & Research Opportunities Database
 - UCRSOM Summer Externship Program (Announced in Spring)
 - Sponsored programs at other institutions (sent via email)
- Consider taking on a leadership role with an interest group or the Medical Student Council during the election season in the Spring (O)
- Read your CiM Newsletter with events and career development topics