

# CAREERS IN MEDICINE CHECKLIST

## YEAR 2: EXPLORE OPTIONS

*(R) Required (O) Optional*

- Complete the UCRSOM CiM MS2 Inventory (September) (R)
- Retake AAMC CiM Assessments (August-December) (O)  
We recommend the following in year 1 and 2:  
(Check out the at a Glance Chart for a summary)
  - Interests (MSPI).
  - Values (PVIPS).
- Sign up for your CiM 1:1 Advising Meeting during block 7 (November/December) (R)  
Attend Careers in Medicine Workshops (O):
  - Special Lecture Series
  - Specialty Round Tables
  - Meet the Chair
  - Alumni Connect
- Update your CV and submit here for review (O)
- Join a student Interest Group/ Organization (O)
- Consider potential specialties for selective options for year 3 in the winter (O)
- After taking STEP 1, give yourself a break and celebrate by investing in your personal wellbeing before year 3 begins (R)